

Vision problems and ADHD



According to new UAB research, the prevalence of ADHD is higher in children with **vision problems not correctable with glasses or contacts**. The study included more than 75,000 children ages 4 to 17 years with data from the National Survey of Children's Health.

15.6 percent of children with vision problems also had an ADHD diagnosis, compared with **8.3 percent** of children with normal vision.

Children with **vision problems** should be **monitored for signs and symptoms of ADHD**, the researchers say.



Symptom:

INATTENTION

Signs:

- difficulty paying attention, daydreaming
- does not seem to listen
- easily distracted
- makes careless mistakes
- often forgets things



Symptom:

HYPERACTIVITY

Signs:

- in constant motion
- cannot stay seated
- frequently squirms and fidgets
- talks too much



Symptom:

IMPULSIVITY

Signs:

- acts and speaks without thinking
- has trouble taking turns
- cannot wait for things
- calls out answers before the question is complete
- frequently interrupts others



If your child has shown symptoms of **ADHD** on a regular basis for more than **6 months**, discuss this with your pediatrician.