# Vision problems and ADHD







According to new UAB research, the prevalence of ADHD is higher in children with **vision problems not correctable with glasses or contacts.** The study included more than 75,000 children ages 4 to 17 years with data from the National Survey of Children's Health.

**15.6 percent** of children with vision problems also had an ADHD diagnosis, compared with **8.3 percent** of children with normal vision.

Children with **vision problems** should be **monitored for signs** and **symptoms of ADHD**, the researchers say.





## Symptom:

## INATTENTION

## Signs:

- difficulty paying attention, daydreaming
- does not seem to listen
- easily distracted
- makes careless mistakes
- often forgets things



# Symptom:

# **HYPERACTIVITY**

#### Signs:

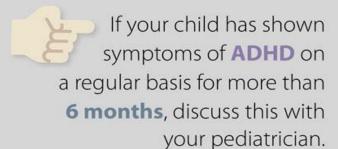
- in constant motion
- cannot stay seated
- frequently squirms and fidgets
- talks too much

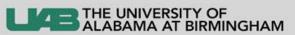


# **IMPULSIVITY**

### Signs:

- acts and speaks without thinking
- has trouble taking turns
- cannot wait for things
- calls out answers before the question is complete
- frequently interrupts others





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